



2010 Wellness Program Documentation Form Participate in a Pre-approved Charity and/or Sporting Event

Throughout the year, local communities offer a chance to participate in various charitable and/or sporting events that involve a physical activity, (i.e. walk, run, bike, etc.). To be eligible for the incentive/prize related to this wellness activity, please complete the following steps:

- Prior to the event, submit a request with your intent to participate to the Premier Wellness Coordinator for pre-approval.
- Following the event, present this form along with confirmation of participation, (i.e. race number, results page, registration confirmation, etc.).

Employee Name (please print) _____

Name of Charity or Sporting Event _____

Type of Physical Activity _____

Date of Event _____

In addition, attach a copy of paperwork confirming your participation, (i.e. race number, results, registration confirmation, etc.). Incentives/prizes are contingent upon the submittal of all required paperwork.

By signing below, you acknowledge that you did participate in the event for yourself and that the documentation you are providing for yourself is valid and original.

Signature _____ Date _____

Note:



All private health information shared with the Premier Wellness Coordinator through your involvement in the program is strictly confidential. No other individual or entity will have access to this information without your expressed consent.